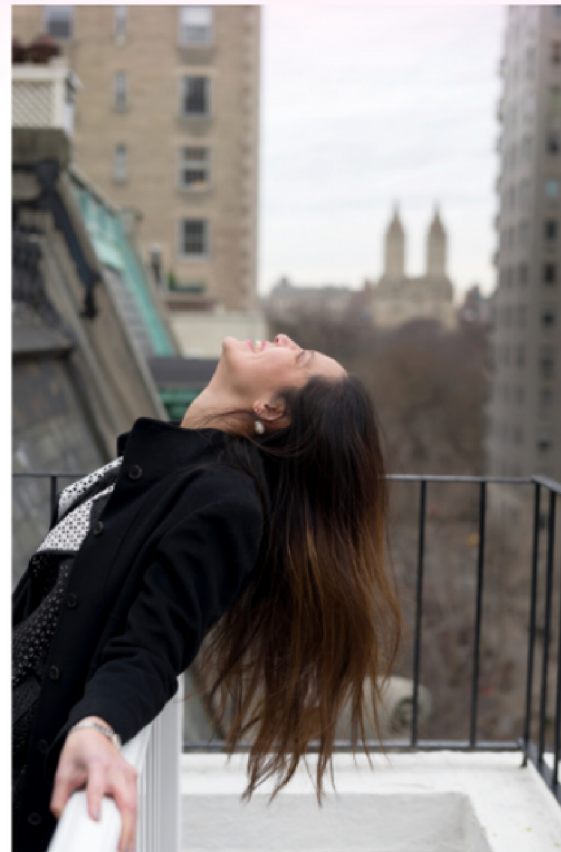
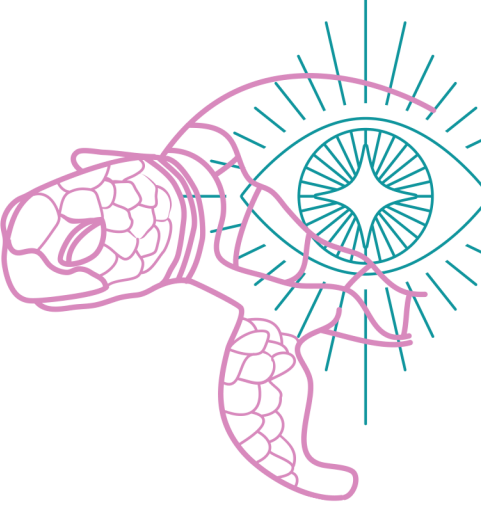


UNCHAINED

mothering



JESSICA DE VREEZE

YOUR STORY

Thank you all for being here today.



Unchained Mothering by all& for ALL



Its an honor to launch Unchained Mothering within the WCCG

Our Woman's Club of Coconut Grove, previously named
The Housekeepers club founded in 1891,

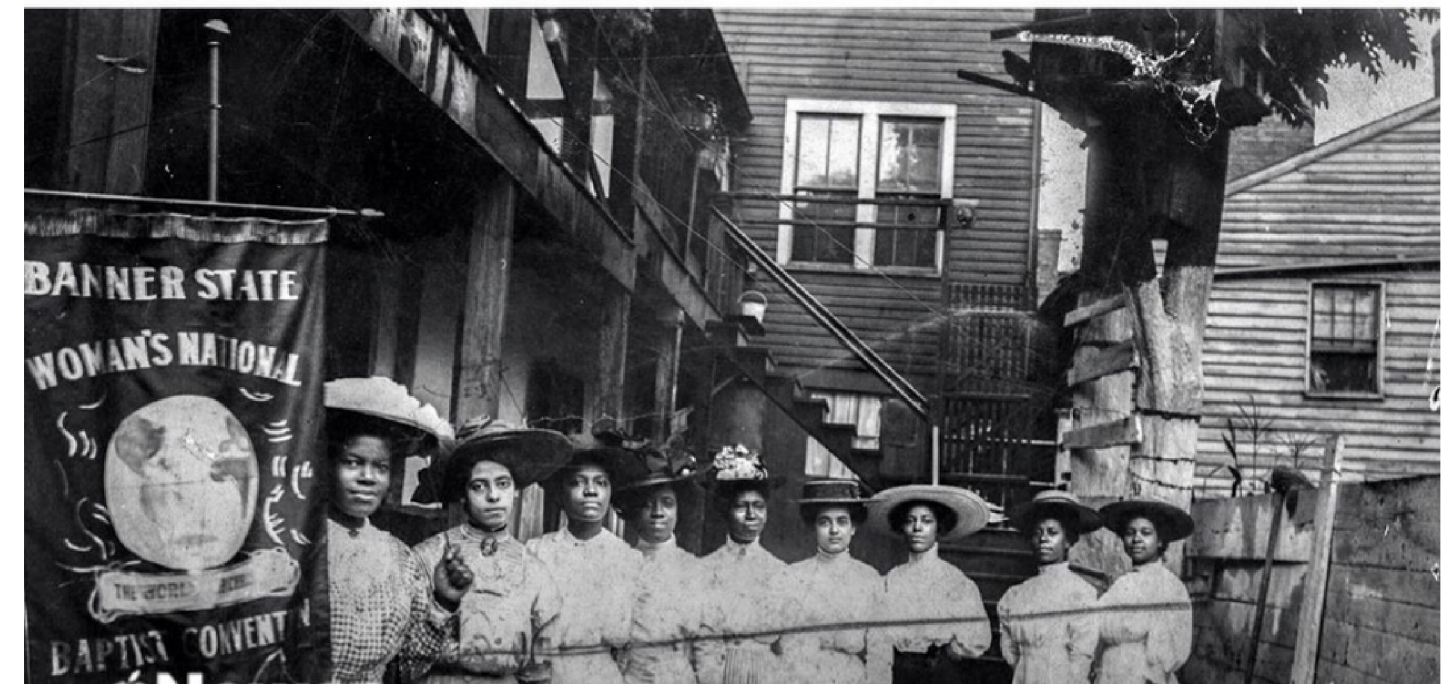
while not yet having rights we have today as women

- they Helped save the Everglades in 1905
- Founded the Plastic Free Initiative since 2018
- Protect our Planet Earth (and the Cosmos)

It's thanks to the **Women and Men** of the past
that have made sure we can **today**

be free to vote, study, have a paid work, have full capacity in our side of the
world.

On August 18, 1920, America ratified the 19th
Amendment, giving women the right to vote.



FREE

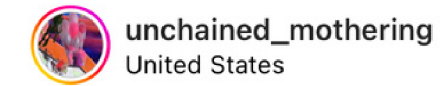
Unchained Mothering by all& for ALL

Very thankful to the Men and Women, and all genders and age for being here today.

It's together that we build our society, our reality.

Today we will focus on Women,
we do acknowledge Men's contribution,
in all they do, and celebrate them.

It's together that we are stronger and better.
Let's get back to Women.



TOGETHER

WHY UNCHAINED MOTHERING

I had the privilege of having example and knowing all was possible, as many of us I "played several roles" :

A Girl, a Daughter, a Grand-daughter, a Great-Grand-Daughter, a Student, a Friend, a Lawyer, a Wife, a Mother, a Stay at home mom, an Artist, and all at once.



**WHAT DO
YOU
REALLY WANT?**

#UNCHAINEDMOTHERING



TRUE

WHY UNCHAINED MOTHERING

SO WHAT?

EDUCATION / WORK/ CAREER/ FAMILY

EDUCATION : A MUST

Not long ago women could not study mathematic science, be a lawyer or even wear a pair of pants!

Finally accepted in the USA in the 20th Century, and officially legalized in France in 2013!

Still not the case in many parts of the world, neither education nor pants.

« STUDY,
GET A GOOD JOB,
BE ALWAYS
INDEPENDENT ! »

MY MOTHER

@Unchained_mothering

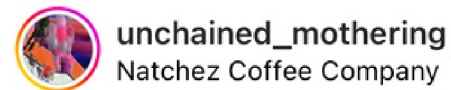


IT ONLY TAKES ONE
POLITICAL, ECONOMIC OR
RELIGIOUS CRISIS FOR
WOMEN'S RIGHTS TO BE
PUT IN JEOPARDY. THOSE
RIGHTS ARE NEVER TO
BE TAKEN FOR GRANTED.
SIMONE DE BEAUVOIR



RIGHTS

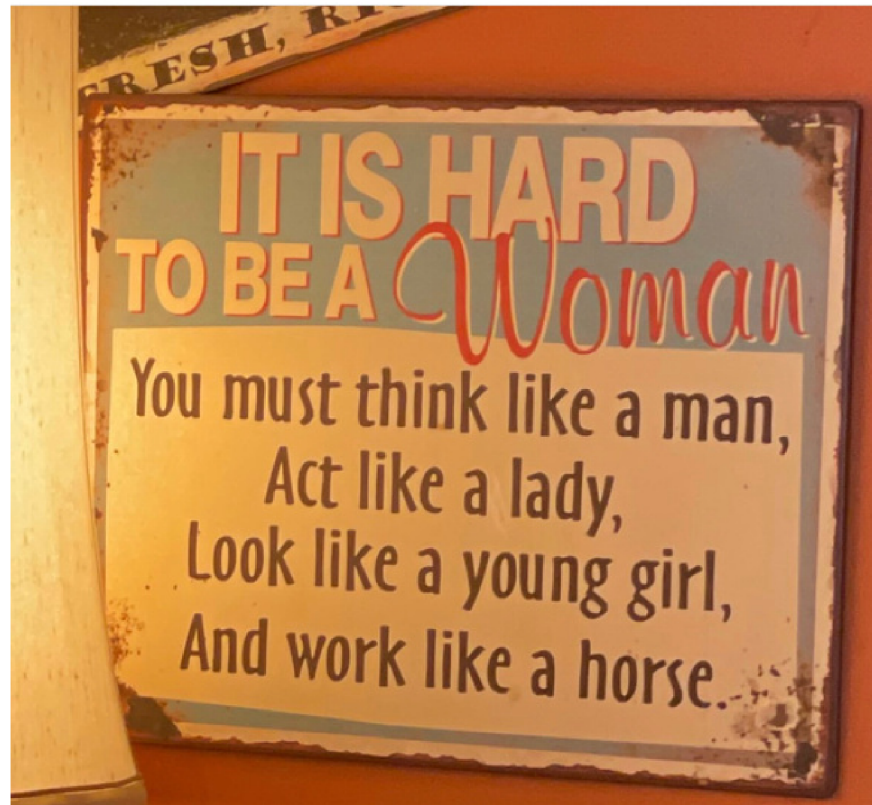
WHY UNCHAINED MOTHERING



...

WORK/ CAREER ?

In Luxembourg women had to wait for 1974 to have full capacity if they were married, no wonders my 2 neighbors remained single and had a career.



CHILDREN?

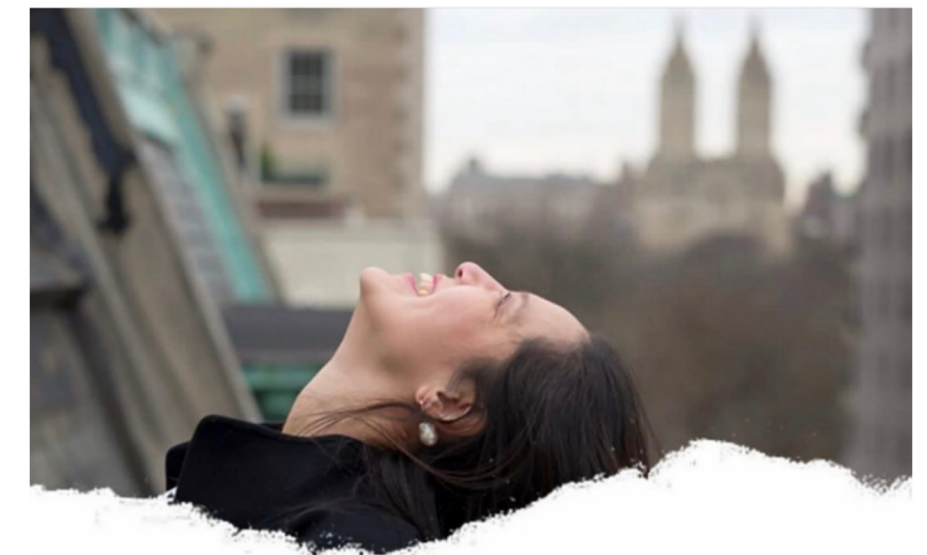
This question will arise for everyone.

It will impact one way or the other the "WORK / CAREER" point as well as the PLACE of women in the society.

WANT, CAN, GOOD or BAD MOTHER, GOOD OR NOT ENOUGH AT WORK,
PAY, RESPONSIBILITIES
How do we balance one another?



...



There is no limit to what we,
as women, can accomplish.

Michelle Obama

EMPOWERED



WHY UNCHAINED MOTHERING

WORK/ CAREER ? CHILDREN



First you need **Safety** and **Health**, once this is guaranteed, you can start thinking.

Some can't afford staying at home with the kids,
some can't afford going to work

Some have the privilege to chose wether to work or to stay with the kids.

In 2022 33% women with kids under 6 years staying home versus 5 % of men.

« BE INDEPENDENT MY DAUGHTER, AND REMEMBER THAT INDEPENDENCE IS NOT ONLY FINANCIAL BUT FOREMOST IN YOUR HEAD. »

**C.'S MOTHER B.
@UNCHAINED_MOTHERING**



For release 10:00 a.m. (ET) Wednesday, April 19, 2023

USDL-23-0723

Technical information: (202) 691-6378 • cpsinfo@bls.gov • www.bls.gov/cps
Media contact: (202) 691-5902 • PressOffice@bls.gov

Mothers of younger children remained less likely to participate in the labor force than mothers with older children. In 2022, 67.9 percent of mothers with children under age 6 participated in the labor force compared with 76.7 percent of mothers whose youngest child was age 6 to 17. By contrast, fathers with children under age 6 were more likely to participate in the labor force than those whose youngest child was age 6 to 17 (94.4 percent versus 91.8 percent). (See table 5.)

STRONG

WHY UNCHAINED MOTHERING

WORK/ CAREER ? CHILDREN ?

NOT PREPARED TO BECOME A HOUSE WIFE

while I chose to answer my needs and the one of my family

in 2021 you could read



EDITOR'S PICKS

The Lily

We're moving! Get our latest gender and identity coverage on [washingtonpost.com](https://www.washingtonpost.com).

WORK

‘Stay-at-home parent’ will soon be an employment option on LinkedIn. It could help normalize caregiving.

‘We shouldn’t be ashamed of starting families or raising our kids,’ one woman said

“All too often, people are penalized for taking time out of the workforce to care for their families. Employers are often hesitant to hire people who have gaps in their work history or will push them toward ‘mother-friendly’ jobs that are part-time and offer low pay,” said sociologist Marianne Cooper, a senior research scholar at Stanford University’s VMware Women’s Leadership Innovation Lab.

DIFFERENT

WHY UNCHAINED MOTHERING : SO WHAT IF?

We decide to choose to care for our Children?

INDEPENDENTLY OF OUR GENDER

DIFFERENT IS GOOD, TOGETHER WE ARE STRONGER

We made progress,

Team work makes things possible,
and it's a couples choice that will allow this option,
as well as new ways for Single parents .

We also need to see Reality while celebrating progress. As reality is still, when the need arise, women quitting their jobs to care for the family. We saw that also during the high of the pandemic.

With Unchained Mothering

We focus on Women, We Value a role always theirs before having officially a paid work,
and still present today.

We open the door in the present and future to both parent being able to freely choose
the way they are parenting.

WIKI



Computer programmer

Mom of 2

8320 hours of photocopies

=

8320 hours saved for teachers to focus on our kids



HERIMPACTHERPORTRAIT



HERCHOICESHERPORTRAIT

STRONG

WHY UNCHAINED MOTHERING : SO WHAT IF?

ALL IS POSSIBLE WHEN YOU VALUE ALL OPTIONS

Let's take it to the next level let them dream of what they want.

Believe that they can be the CEO of the biggest company

and at the same time that we can parent.

Let's celebrate women who do not care or can't to be mothers.

Let's accompany mothers encountering challenges.

Let's salute the work of the stay at home mom that decided for a moment of forever

to care for her family, as much as the one of an accomplished business woman,

that is also a great mom.



unchained_mothering
New York City, N.Y.

...



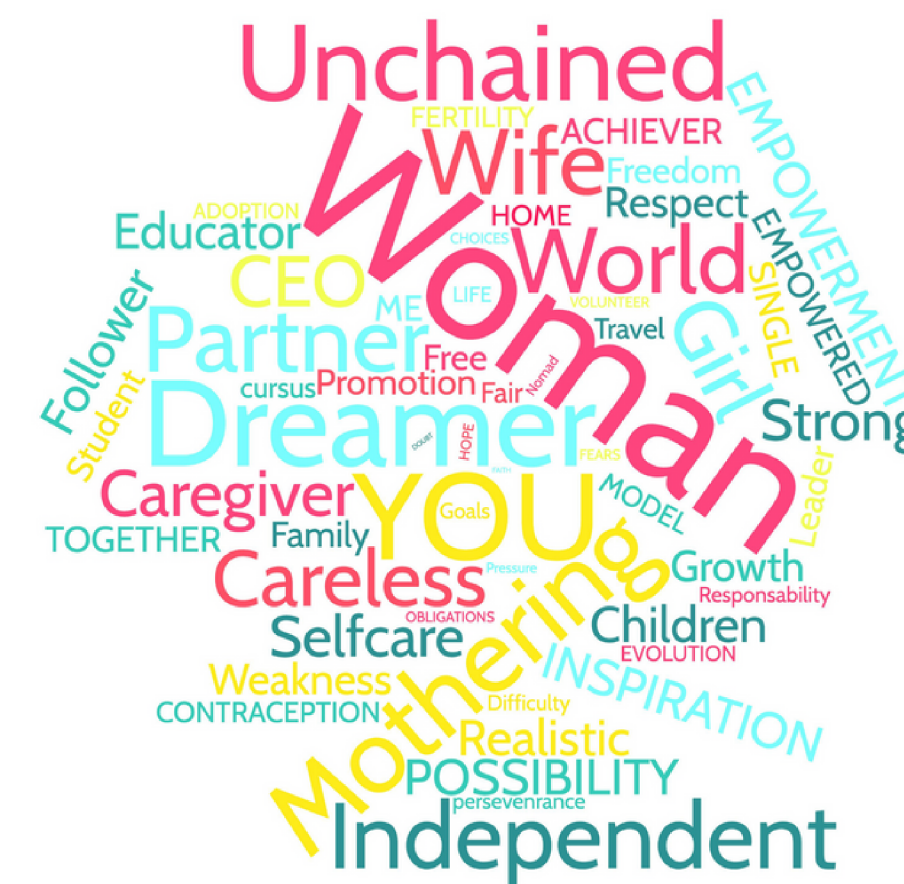
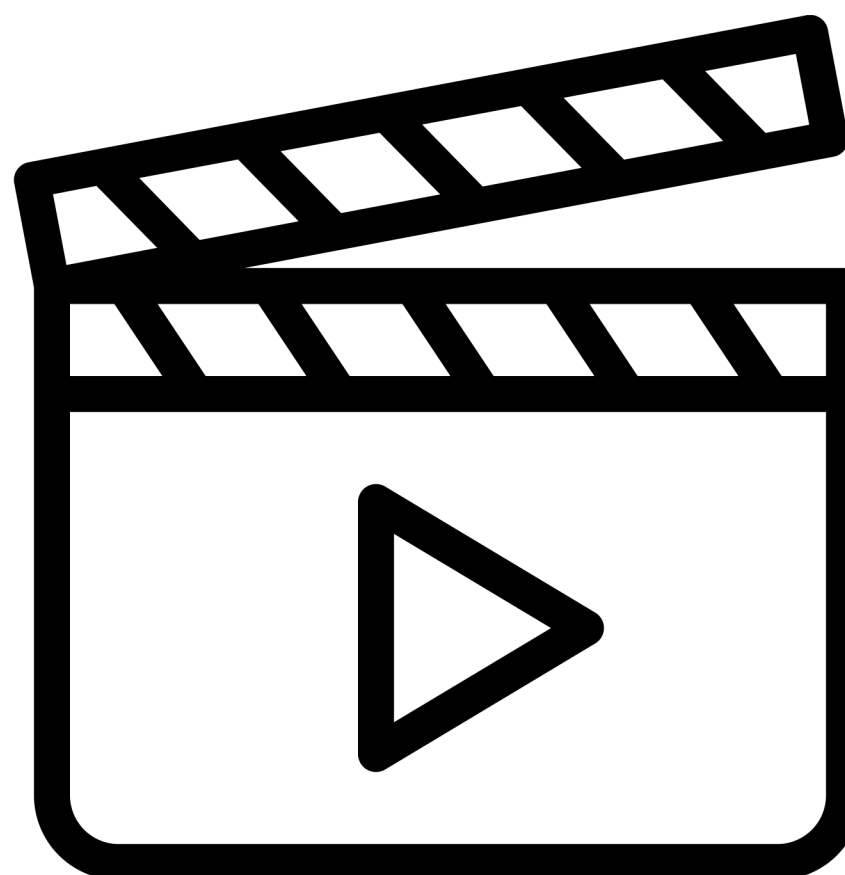
WE CAN

- the women that accepted to share their stories.

WHAT DO YOU

REALLY WANT?

#UNCHAINEDMOTHERING



DREAM

OUR MISSION

Reach a complete reality of applications of gender's equality.

The equality will become more a reality when **women** are able to **freely choose** the way they will assume their motherhood responsibilities, thus increasing **freedom of choice** when deciding to access **important areas such as education, engage and fulfill a career or to be mothering at home without impact on their choice** of how they will develop their lives. These mothering choices need to be recognized, understood and thus valued to assure the equality within genders in our society. Only when all **mothering choices** are **appreciated**, women will be free of their choices.

We count on you, Let the show begin.

Through **Art** we will **bring to light** the lives of **women**.

Join our **community of activists** and allies as we work towards a better and **more just world**.

"Freedom comes when you give yourself permission to choose freely"

JESSICA DE VREEZE



UNCHAINED MOTHERING

Non Profit Organization

IT'S YOUR STORY

JESSICA DE VREEZE



ART

has the **power** to **challenge** and **change** societal norms, perceptions, and expectations of women.

Progress has been made but it's still an exception.

Through art, women's stories, experiences, and emotions can be expressed, shared, and understood.

Art can **break down gender stereotypes**, highlight women's achievements, and provide a platform for their voices to be heard. **Art can also serve as a catalyst for social change**, advocating for gender equality, women's rights, and empowerment.

ALL IS POSSIBLE

If it is for all women, it will also be for all genders.

It's not about giving more to one or the other it's about **reaching a true equality** that will allow **all gender** to act accordingly to what they want and can do.

It is about seeing the reality, and transforming theory and good wishes into a new reality.



THANK YOU TO THE WOMAN THAT HAVE SHARED THEIR STORIES AND THE FUTURE WOMEN THAT WILL



VIKI



MANUELA



JENNIFER



MAUREEN



CAROLINA



GUILLEMETTE



ELLEN



TAMAR

WRITE YOUR
STORY

#UNCHAINEDMOTHERING
JESSICA DE VREEZE



THANK YOU TO THE TEAM OF VOLUNTEERS
That have been working on Unchained Mothering
Join us!



JEN WEISER
Digital Creative Director

[Get to know her](#)



GÉRALDINE GUARDIA
Producer

[Get to know her](#)

« CHOSE TO BELIEVE IN
MAGIC,

YOU ONLY HAVE TO
GAIN »

JESSICA DE VREEZE
INSPIRED BY MY SON



JAMES GOLDBERG
Contributor

[Get to know him](#)



CAROLINA AVARIA
Personal Assistant & Communication

[Get to know her](#)



CAROLINE CULLIERE
Contributor

[Get to know her](#)



JESSICA DE VREEZE
Artist - Creator - Director

[Get to know her](#)



BRUCE BYERS
Contributor

[Get to know him](#)

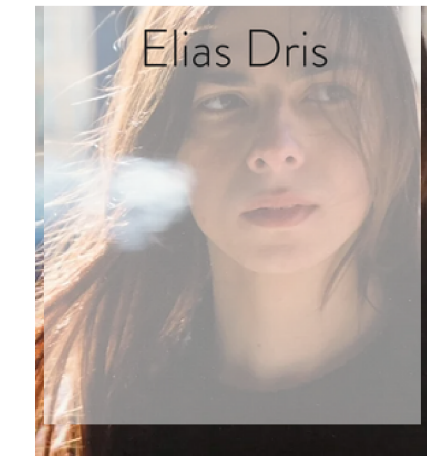
THANK YOU TO ALL ARTISTS THAT HAVE CONTRIBUTED SHARING THEIR ART WITH US,
BRINGING NEW PERSPECTIVES AND THE ONE THAT WILL CONTRIBUTE



SINGER



WRITER

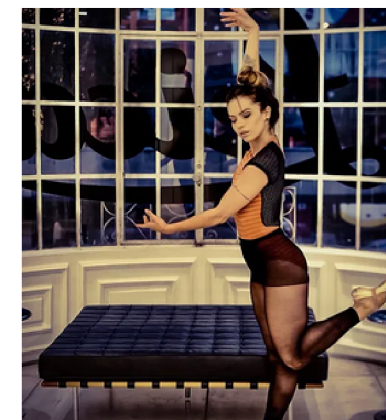


PHOTOGRAPHER

PAINTER

DANCER

SCULPTOR



POET

TATTOO
ARTIST



MURALIST



Thank you

To all for coming,



Thank you

To The Woman's club of Coconut Grove ("WCCG") and the Plastic Free Initiative Committee ("PFI") for partnering with us,

To Billie-Jean the President of the WCCG, to the Board Members for welcoming this new program.

Thank you

To ALL VOLUNTEERS,

A special thanks to Iline, Greg, Jeanie, Fan, Mimi, Jennifer, Freda, Cynthia

To Travis for the set up,

Thank you

To Geraldine behind the camera, to Carolina, to Lillyster, Jaimie, Kalena, Derrek, Victor and all the young people helping tonight, to my husband, to Pooja, Katya, Diane, Sylvie, Ana, Adria my family and friends for standing by my side.

It's together that we can make a difference.

Thank you



To our raffle Sponsors, Carlos Bello from Floralinea, Fabiola Arriaga from My Secret lab, Rachel Siegrist from the Lavish Med Spa, Eda Tankal from Enne and Pooja Arora from Deeply rooted love.

A GREAT THANK YOU TO OUR SPONSORS

CONTRIBUTE. BECOME A SPONSOR

UNCHAINED
mothering



FLORALINEA, ENNE, DEEPLY ROOTED LOVE, MY SECRET LAB, The LAVISH MED SPA.

1 RAFFLE TICKET FOR \$3, 5 TICKETS FOR \$10
WILL BENEFIT THIS PROGRAM AND THE WCCG



UNCHAINED MOTHERING
Non Profit Organization



This meeting was the first and is special
We will meet once a month, here on Tuesday,

We will have Speakers,
always something about our planet and about us
to INSPIRE, EMPOWER,
JUST SHARE TOGETHER,

By the end of the year we will open an Exhibition to the public.

Join us and let's write our story, all genders together.

Merchandise can be purchased at the entrance & donations towards the program and
the WCCG can be made.

Next meetings 13 June, 11 July, 29 August, 26 September 2023

IT'S YOUR STORY

JESSICA DE VREEZE

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